

AA District 09 Solano South

CENTRAL OFFICE NEWSLETTER



WWW.AASOLANOSOUTH.ORG AASOLANOSOUTH@ATT.NET

Central Office: 159 East D St., Benicia, CA 94510—(707) 745-8822

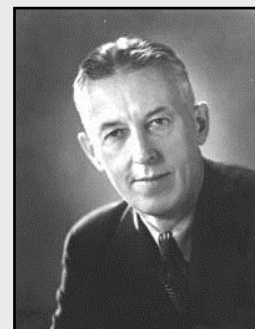
Vallejo Fellowship

Visit www.aasolanosouth.org for a complete list of meetings at the Vallejo Fellowship.

The Vallejo Fellowship is located at: 942 Tennessee St. Vallejo

Editor's Note: A very Happy New Year to you all! As you can see, we have refreshed the Newsletter, to make it a little more in line with our Solano South website. I hope you enjoy the new and shorter format, allowing us to change the news items, based upon what you submit for each month.

Yours in Service -Sandy A.



Inside this issue:

Vallejo Fellowship News	2
Birthday Speaker Meeting	2
Central Office Reps Needed	2
New Meetings/Alanon	3
January Calendar	4
Central Office Info	5



6th Annual Inter-District Workshop

Districts 09, 90, 11 and 13

Solano South, Solano North, Napa and Lake

~Presenting the 2012 General Service Conference Theme~

Anonymity: Our Spiritual Responsibility in the Digital Age

Saturday, February 4, 2012

Community Presbyterian Church

2800 Georgia Street, Vallejo

11:00 – 3:00

Potluck Lunch and Dessert

Host Committee: Solano South District 09

more information: Dave 707-208-5815 or

Painter Jim 707-319-7910



I

“We admitted we were powerless over alcohol—that our lives had become unmanageable.”

News from Vallejo Fellowship

The 1st Saturday is Speaker Night—starts at 6:45pm and runs for 45 mins to an hour max. This gives everyone a chance to get to other meetings in plenty of time. GREAT Speakers, too!

The Last Saturday Night is Birthday Night! Yearly Birthday’s are celebrated. Come join us in the celebration, get your chip and enjoy some cake. 7:30pm

Sunday Nights!!! 7pm–8pm...Big Book Study Meeting. [Join Us!](#)

“Back to Basics”— every Thursday night from 7pm – 8pm. Great meeting if you need or wish to work the Steps. Bring your Sponsor, we’ll see you there”

“As Bill Sees It”— every Tuesday night from 8pm to 9pm. Topics and Discussion out of the “As Bill Sees It” book. Well attended and a great meeting!

Spanish Meetings—held every Wednesday and Friday nights from 7pm to 9pm. *Reuniones español... celebran cada miércoles y viernes noches de 7pm a 9pm.*

Women Only Meeting—Sundays 1pm – 2pm. Great Support! Closed Meeting.

NEWCOMERS Meeting—Saturday 1:30- 2:30pm..Small Group, great information & Schedules available.

The Vallejo Fellowship Business Meetings:

2nd Tuesday every month at 6:45pm.

Everyone welcome to attend.

The Vallejo Fellowship is located at:

942 Tennessee St, Vallejo, CA

Vallejo Fellowship Telephone number is

707-557-6318

Have articles/items of interest/corrections for the newsletter? Submit them by the 19th of the month for publication: sooeditor@gmail.com
Or you can call: Sandy A. (707) 246-9190

Central Office Positions Open

Need a Service Commitment?

The following positions are open as of the 1st Wednesday in January:

- Central Office Chair
- Alternate Central Office Chair
- Recording Secretary
- Public Information Officer (see more info about this position on the following page).

Attend the Central Office Meeting on Jan 4th (info on the back page) or call: (707) 643-8217 for Sobriety Req. and Job Descriptions.

Found on the wall of an Alano Club in Portland:

I drank for happiness and became unhappy.
I drank for joy and became miserable.
I drank for sociability and became argumentative.
I drank for sophistication and became obnoxious.
I drank for friendship and made enemies.
I drank for sleep and woke up tired.
I drank for strength and felt weak.
I drank for relaxation and got the shakes.
I drank for courage and became afraid.
I drank for confidence and became doubtful.
I drank to make conversation and it slurred my speech.
I drank to feel heavenly and ended up feeling like hell.

Birthday Speaker Meeting

Friday, January 13th at 8pm

at the **Benicia Clock Tower**
1189 Washington Street

Sponsored by the Vallejo Fellowship

The Guest Speaker is

Valeria K. from Santa Rosa

Dinner with Eileen and Friends

Buon Appetito 6:15pm

191 Military East, Benicia

Eileen S. (707) 373-5618

Steps R Us

(This is a Closed Meeting. Closed Meetings are limited to persons who have a desire to stop drinking.)

Meets: Every Tuesday @ 6:00 pm

Location: Community Presbyterian Church / 2800 Georgia Street @ Cedar (enter on Cedar side door) in Vallejo

One of the steps is read each week. Someone will share on that step then we go around the room and everyone gets a chance to share their experience on that step. It is a great meeting, come visit us. We also have a few open positions for anyone looking for a service commitment.

New Meetings!

The meetings listed here are relatively new and may not be listed on the official meeting schedule. A meeting needs to be in existence for a minimum of six months before it will be published in the District 09 meeting schedule. Send submissions to: sosoeditor@gmail.com

Young People's AA Meeting:

"Young & Young at Heart"

Thursdays 5:30-6:30 pm

Light House Church
1175 Church St., Benicia
For more information contact:
Rich 707-655-8700 or
Steve 707-771 0959

New Meeting!

As Bill Sees it Meditation Group

Wednesdays 7:00-8:00
Discussion/Meditation
501 First St., Benicia
(in Angel for your Heart shop)

AA Beginners Meeting

Wednesdays at 1:30 pm
Kaiser CDRP
Room B
800 Sereno Dr., Vallejo
(the cross street is Broadway)
([map](#))

Bridging the Gap

Volunteers Needed

To ease the transition of recovering alcoholics being released from treatment facilities and other places of confinement into the AA Community. Involves taking newcomers to an AA meeting after their release and introducing them to members of the group.

If you are interested in volunteering please contact Renee S., BTG Chair or Joyce B. at 510-882-9021.

Public Information

The Public Information Committee is in the process of putting together a committee for 2011 and 2012. **A Public Info Chairperson is needed!**

We have a small core group now but welcome new members. We will be distributing AA literature to the schools, libraries, some clergy, police stations etc. We also will be trained on giving presentations particularly the schools at their request. This is a two year commitment and some knowledge of the Traditions is helpful, however, we will be doing Tradition studies at our meetings.

For more information or interest please contact Central Office District 09 (707) 745-8822.

For spouses, families and friends of alcoholics:

Al-anon Meetings

Monday

BENICIA , 5:45-6:45 PM, **Benicia Hill Top**
Benicia Congregational Church
[1305 W. 2nd Street](#)(uppermost "Preschool" building)
WSO# 0000716 District 6

Tuesday

VALLEJO, 7:00-8:00 PM, **Castlewood AFG**
Community Presbyterian Church (upstairs)
[2800 Georgia Street](#)

Thursday

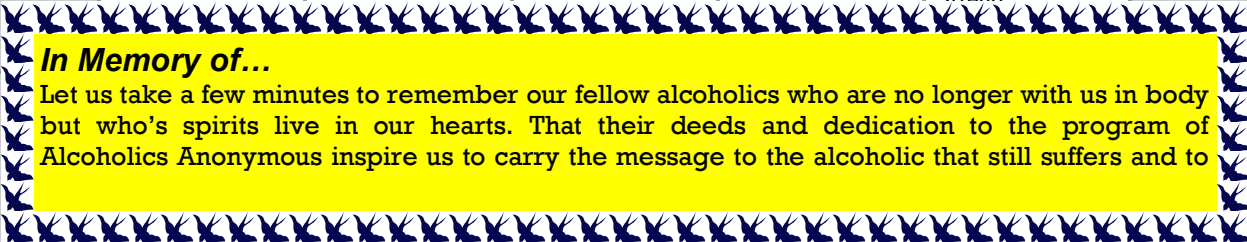
BENICIA , 8:00-9:00 PM, **Benicia Hill Top**
Benicia Congregational Church [1305 W. 2nd Street](#)
WSO# 0000716 District 6 (uppermost "Preschool" building)
(there is also an AA meeting in lower bldg.)

For more information about Al-anon & Al-ateen:

A.A. On the Web...

Alcoholics Anonymous Official Site:
<http://www.aa.org/>
District 09 Southern Solano AA
<http://www.aasolanosouth.org/>
Northern Solano AA:
<http://www.aasolanonorth.org/>
Our Neighbors in Contra Costa:
<http://www.contracostaaa.org/>
NorCalAA
<http://norcalaa.org/index.html>

A.A. District 09 January 2012 Southern Solano County

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7:00 AM M-Sat, Sun at 6:30 AM	3 VJO Fellowship Early Birds 942 Tennessee St. Vallejo 7:00 AM 7 days/wk	4 Central Office Business Meeting 7:30 PM 800 Sereno Dr. Vjo Kaiser CDRP Bldg. Rm. K	5 Got a Meeting you think others should check out? Email the information to: sosoeditor@gmail .com	6 H&I Business Meeting 6:30 Sea Scouts Building 402 Riverside. Napa, CA	7 VJO Fellowship Speaker Night 6:45 942 Tennessee St. Vallejo
8 Young People's Meeting Heritage Pres Ch 1400 East D St Benicia 5-6:00 PM Every Sun	9 *Vjo Women's Group Holy Trinity Ch. 201 Doyle Dr. Vallejo 7-8:00 pm Every Mon	10 *Steps R Us 1 Step per week Discussion Comm. Presb. Church 2800 Georgia St Vjo 6pm Every Tue	11 DISTRICT 09 General Service Business Meeting 7:00 P.M. 502 Virginia St. Vallejo	12 Here & Now Big Book Study 1st Presb. Ch 1350 Amador Vallejo Noon-1:00 Every Thu	13 District 09 Monthly Birthday Speaker Meeting 8:00 P.M. Clock Tower (map)	14 Came to Believe Discussion Congregational Church 1302 W. 2nd St. Benicia Every Saturday 7:00 pm
15 Newcomers Meeting 1st Three Steps Discussion Heritage Pres Ch 1400 East D St Benicia 6:30- 7:30 Every Sun	16 Get to the Point Discussion Congregational Church 1302 W. 2nd St. Benicia 7:30-8:30 PM Every Mon	17 Benicia Straits Spkr Discuss 1055 Southampton Benicia Enter Turner Dr. entrance way 7:30-9:00 Every Tuesday	18 The Flimsy Reed 2525 Flosden Dr. American Cyn Flosden MHP Clubhouse 5:30-6:30 Every Wed	19 VJO Fellowship Back to Basics 942 Tennessee St. Vallejo 7:00-8:00 PM Every Thur	20 Grapevine Speaks Discussion 800 Sereno Dr. Vjo Kaiser CDRP 7:30-8:30 PM Every Friday	21 Serenity on Saturday - Speaker/ Discussion, 1st Church of Nazarene, 929 Amador St., Vallejo 10:00 am Every Sat.
22 This isn't the complete list of meetings in District 09 Southern Solano. For the full list grab a schedule at one of these.	23 Crockett Group Discussion St. Marks Ch. Pomona St. Crockett 8-9:00 PM Every Mon	24 VJO Fellowship As Bill Sees It 942 Tennessee St. Vallejo 8-9:00 PM Every Tue	25 Spring Hill Study Group "12 and 12"-Holy Trinity Church, 201 Doyle Drive, Vallejo 8:00 PM Every Wed	26 Young & Young at Heart Light House Church 1175 Church St., Benicia 5:30-6:30PM Every Thurs.	27 Benicia First Street Group - Heritage Presbyterian Church, 1400 East 2nd St., Benicia 6:30 pm Every Fri.	28 VJO Fellowship Birthday Night 7:30 942 Tennessee St. Vallejo
29 Benicia Sunday Night Discussion St. Paul's Episc. 1st & J St. Benicia 8-9:15 PM Every Sun	30 Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7:00 AM M-Sat, Sun at 6:30 AM	31 VJO Fellowship Early Birds 942 Tennessee St. Vallejo 7:00 AM 7 days/wk	Vjo Fellowship Latino Familia Espanol 942 Tennessee St. Vallejo 7-9:00 PM Every Wed	Benicia Hilltop Congregational Church 1302 West 2nd St. 8-9:00 PM Every Thurs	*denotes "closed" meetings. Only those with a desire to stop drinking are encouraged to attend.	
 <p style="text-align: center;">In Memory of... Let us take a few minutes to remember our fellow alcoholics who are no longer with us in body but who's spirits live in our hearts. That their deeds and dedication to the program of Alcoholics Anonymous inspire us to carry the message to the alcoholic that still suffers and to</p>						

WHAT IS CENTRAL OFFICE?

When a suffering alcoholic calls AA, Central Office is who answers.

The Central Office for District 09, Southern Solano County is located at

159 East D Street, Benicia, CA 94510

Open Monday through Friday 9am -

3pm, Saturdays 10 a.m. to 2 p.m.

Phone: 707-745-8822

Website: <http://www.aasolanosouth.org/>

THE CENTRAL OFFICE:

- Maintains a 24 hour "help call" answering service.
- Maintains a 12th Step list and sends AA members on 12th Step calls.
- Is where people can phone for meeting and event information.
- Purchases and stores AA literature for groups to purchase.
- Maintains an informative website.
- Creates and Prints meeting schedules.
- Creates and publishes a Monthly Newsletter.

How Can My Group Get Involved?

1. A Representative from your home-group attends the **Monthly Business Meeting that takes place at 7:30 on the 1st Wednesday of each month at the Kaiser CDRP, 800 Sereno Ave, 2nd Floor, Suite K, Vallejo, CA.**
2. Individual members can volunteer to answer phones at Central Office. One year sobriety or more required.
3. Fill out the 12th Step list form at Central Office and become available for 12th step calls.
4. Split your group's 7th tradition collection as suggested in the pamphlet, "Self Support: Where Money and Spirituality Mix" (**after the group's expenses are met.**)

DISTRICT 09 CENTRAL OFFICE BUSINESS MEETING

1st Wednesday of each month
at 7:30

Kaiser CDRP Bldg. Rm K
[800 Sereno Dr., Vallejo](http://www.aasolanosouth.org/)
(707) 643-8217

DISTRICT 09 GENERAL SERVICE BUSINESS MEETING

2nd Wednesday of every month at 7:00 p.m.

1st United Methodist Church
[502 Virginia Street, Vallejo, CA](http://www.aasolanosouth.org/)

District 09 Solano South Central Office Statement of Purpose

Solano South, A Central Office was formed by the A.A. Groups within Southern Solano County for the express purpose of establishing a means through which the Groups, their members and the general public could be more effectively served than could be done by the Groups individually.

The services Central Office provides include, but are not limited to: Assigning "Twelve Step" calls on a geographical basis to members who have volunteered for that service.

- Maintaining a supply of approved books and literature.
- Publishing a Directory of local A.A. meetings.
- Serving as a hub for communications between local, regional, national and international groups.
- Maintaining postings of announcements for activities and events in A.A.
- Dispensing local information through newsletters and maintaining a website with a meeting directory & incidental changes in schedules between directory printings, an on-line copy of the Big Book, and provide links to other A.A. sites.
- Maintaining a listing in telephone directories.
- Handling or forwarding requests for information about A.A. and recovery from alcoholism.
- Developing and sponsoring social affairs to help maintain a sense of unity.
- Furnish speakers for A.A. groups and non-A.A. organizations.

These activities are supported by the voluntary contributions of the Groups within the Intergroup area. An accounting of funds received and expenditures made is rendered at each monthly intergroup meeting and held for review by members in the intergroup office.

Every registered A.A. Group in Southern Solano County is automatically a member of this body entitled to representation and a vote at each intergroup meeting.

Any A.A. member is welcome as a guest at all intergroup meetings.

Originally adopted December, 1980. Updated October, 2003. Adopted with revisions, November, 2003

ALCOHOLICS ANONYMOUS® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

- The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.
- A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.
- Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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