

AA District 09 Solano South



CENTRAL OFFICE NEWSLETTER



WWW.AASOLANOSOUTH.ORG

Central Office: 159 East D St., Benicia, CA 94510—(707) 745-8822

Vallejo Fellowship Holiday Marathon Meetings

- Christmas Eve:**
5:30 pm until 12:00 midnight
- Christmas Day:**
7:00 am until 12:00 midnight
- New Years Eve:**
5:30 pm until 12:00 midnight
- News Year Day:**
7:00 am until 12:00 midnight

The Vallejo Fellowship is located at:
942 Tennessee St, Vallejo
557-6318

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Christmas Eve Soup Kitchen

Open House 6:00 pm to 10:00 pm

In the home of Russ and Karen F.

(Formerly hosted by John and Annie)

with the helping hands of many AA's

416 O'Farrell Drive- Benicia

(Sunday morning meeting location)

We will be serving Turkey soup and Chili Beans, corn bread, have coffee, tea and some soda.

Please bring a dish to share and a family member or two.

Swing by for a few minutes or stay all night.

Come Share Some Holiday Cheer

and maybe a song or two.

Editors note: On behalf of all those who have celebrated at John and Annie's for the past couple decades... Thank you John and Annie, for opening your home to all of us in this fellowship! And to Russ and Karen, thanks for continuing the tradition!





Tradition

12

“Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.”

News from Vallejo Fellowship

"Back to Basics" every Thursday night from 5:30 to 7:00 PM at the VJO Fellowship. Great meeting if you need or wish to work the steps. We'll see you there!

The 1st Saturday is Speaker Night...starts at 6:45pm and runs 45 min to an hour max. This gives everyone a chance to get to other Saturday night meetings in plenty of time. Great out of town speakers too! September speaker from Concord was great and meeting was very well attended!

The 2nd Saturday of every month is Karaoke Night 7:00—10:00 P.M. at the Fellowship for a special activity. Games, Karaoke and/or Jam Session. Bring your instrument, voice, or favorite game. 7:00-10:00 P.M.

The 3rd Saturday is Jam Session, which also includes open mike for poets. 7:00-10:00 P.M.

Last Saturday night of the month is Birthday Night! Come join us in the celebration, get your chip and enjoy the cake! 7:30 P.M.

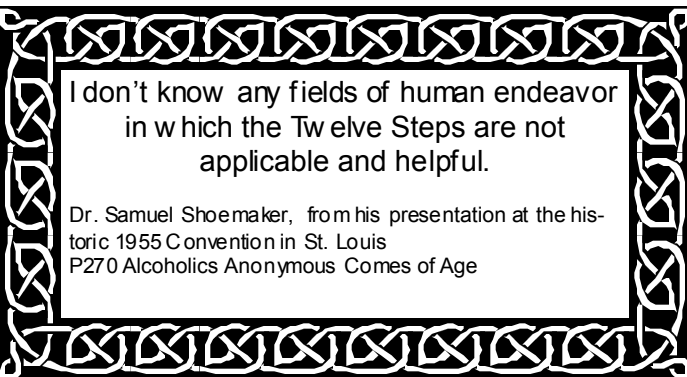
The Vallejo Fellowship Business Meetings: 2nd Tuesday every month at 6:45pm... everyone welcome to attend.

The Vallejo Fellowship is located at:
[942 Tennessee St, Vallejo](http://www.vallejofellowship.com)

Vallejo Fellowship Telephone number is
707-557-6318

Debbie A is Vallejo Fellowship Central Office Representative
Janine L. is the Alternative C.O. Rep and the General Service representative.

Please note that the Wed. 9:00 a.m. meeting has been closed as well as the 9:30 p.m. Friday night.



There is a solution!

The Twelve Steps of Alcoholics Anonymous

Step Twelve: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principals in all our affairs.

(Here are a few passages that were lifted from The Big Book of Alcoholics Anonymous and/or Twelve Steps and Twelve Traditions in hope that it will inspire further reading and discussion of this step.)

One of my favorite excerpts regarding this step would not fit here. Please go to page 6.

Annual Solano South Holiday Celebration

Saturday, December 4, 2010

Benicia Clocktower, Commandants Ln., Benicia

Dinner served from 6:00-7:30 P.M. followed by Speaker

Menu by Chef Gary includes: Baked Chicken, Ham, Shi-take Mushrooms with Risotto, Green Beans, Pesto Bread, Caesar Salad and a Vegetarian Entrée.

Please bring a desert contribution.

Suggested deserts: Cookies, bars, candy, cupcakes in a disposable container. Please no pies or cakes.

Suggested Donation is \$10.00 for dinner, children 10 and under free.

Dinner tickets are limited, please contact Judy P. at judyan427@gmail.com for information or tickets.

December 10, 11, & 12, 2010

WACYPAAXIV

Yosemite Valley, California

\$20.00 Registration

Visit WACYPAA.ORG for more information

New Sponsorship Meeting:

“Bill Sent Me”

Where: First Christian Church
1035 Indiana Street, VJO, Ca.
(Between Tennessee and Indiana Street)
Entrance to meeting at the main church door on Colusa Street off Tennessee St.

When: Every Tuesday evening from 8:00pm-9:30pm
-Meeting on the second floor
-Closed meeting
-If you need a sponsor please join us...you will not leave without a sponsor!

New Meetings!

The meetings listed here are relatively new and may not be listed on the official meeting schedule. A meeting needs to be in existence for a minimum of six months before it will be published in the District 09 meeting schedule.

Young People's AA Meeting:

“Young & Young at Heart”

Thursdays 5:30-6:30 pm

Light House Church
1175 Church St., Benicia
For more information contact:
Rich 707-655-8700 or
Steve 707-771 0959

New Meeting!

As Bill Sees it Meditation Group

Wednesdays 7:00-8:00
Discussion/Meditation
501 First St., Benicia
(in Angel for your Heart shop)

Speaker Discussion

Wednesdays at 1:30 pm
Kaiser CDRP
Room B
800 Sereno Dr., Vallejo
(the cross street is Broadway)
([map](#))

Bridging the Gap

“AA's Welcome Wagon”
A 12th Step Opportunity

Volunteers Needed

To ease the transition of recovering alcoholics being released from treatment facilities and other places of confinement into the AA Community. Involves taking newcomers to an AA meeting after their release and introducing them to members of the group.

If you are interested in volunteering please contact Dottie P. BTG Chair District 09 at 707-553-9493 or Jackie D. at 707-552-2763.

Public Information

Public Information is in need of a Public Information Chair to fill this position and form a Public Information Committee.

- The service commitment is 2 years.
- The sobriety requirement is 2 years.
- General Service experience good but not required.
- Should have a working knowledge of the 12 Traditions and experience in giving presentations.
- Training will be available to the committee on how to present a Public Information presentation.

If you have any questions please contact Jackie D. at 707-552-2763 or Mike G., Central Office Chair at 707-750-5290 .

Got a meeting

you think others might like to check out?

Submit it with date, time place and a few words about why you like it.

Email to: sosoeditor@gmail.com by the 19th of the month.

A.A. On the Web...

Alcoholics Anonymous Official Site:
<http://www.aa.org/?Media=PlayFlash>
District 09 Southern Solano AA
<http://www.aasolanosouth.org/>
Northern Solano AA:
<http://www.aasolanonorth.org/>
Our Neighbors in Contra Costa:
<http://www.contracostaaa.org/>
NorCalAA
<http://norcalaa.org/index.html>

WHAT IS CENTRAL OFFICE?

When a suffering alcoholic calls AA, Central Office is who answers.

The Central Office for District 09, Southern Solano County is located at

159 East D Street, Benicia, CA 94510

Open Monday through Friday 9am - 3pm, Saturdays 10 a.m. to 2 p.m.

Phone: 707-745-8822

Website: <http://www.aasolanosouth.org/>

THE CENTRAL OFFICE:

- Maintains a 24 hour "help call" answering service.
- Maintains a 12th Step list and sends AA members on 12th Step calls.
- Is where people can phone for meeting and event information.
- Purchases and stores AA literature for groups to purchase.
- Maintains an informative website.
- Creates and Prints meeting schedules.
- Creates and publishes a Monthly Newsletter.

How Can My Group Get Involved?

1. A Representative from your home-group attends the **Monthly Business Meeting that takes place at 7:30 on the 1st Wednesday of each month at the Kaiser CDRP, 800 Sereno Ave, 2nd Floor, Suite K, Vallejo, CA**
2. Individual members can volunteer to answer phones at Central Office. One year sobriety or more required.
3. Fill out the 12th Step list form at Central Office and become available for 12th step calls.
4. Split your group's 7th tradition collection as suggested in the pamphlet, "Self Support: Where Money and Spirituality Mix" (**after the group's expenses are met.**)



The Holidays can sure bring out the best in us.

District 09 Solano South Central Office Statement of Purpose

Solano South, A Central Office was formed by the A.A. Groups within Southern Solano County for the express purpose of establishing a means through which the Groups, their members and the general public could be more effectively served than could be done by the Groups individually.

The services Central Office provides include, but are not limited to: Assigning "Twelve Step" calls on a geographical basis to members who have volunteered for that service.

- Maintaining a supply of approved books and literature.
- Publishing a Directory of local A.A. meetings.
- Serving as a hub for communications between local, regional, national and international groups.
- Maintaining postings of announcements for activities and events in A.A.
- Dispensing local information through newsletters and maintaining a website with a meeting directory & incidental changes in schedules between directory printings, an on-line copy of the Big Book, and provide links to other A.A. sites.
- Maintaining a listing in telephone directories.
- Handling or forwarding requests for information about A.A. and recovery from alcoholism.
- Developing and sponsoring social affairs to help maintain a sense of unity.
- Furnish speakers for A.A. groups and non-AA. organizations.

These activities are supported by the voluntary contributions of the Groups within the Intergroup area. An accounting of funds received and expenditures made is rendered at each monthly intergroup meeting and held for review by members in the intergroup office.

Every registered A.A. Group in Southern Solano County is automatically a member of this body entitled to representation and a vote at each intergroup meeting.

Any A.A. member is welcome as a guest at all intergroup meetings.

Originally adopted December, 1980. Updated October, 2003. Adopted with revisions, November, 2003

ALCOHOLICS ANONYMOUS® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

- The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.
- A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.
- Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Help Wanted

Editor for Newsletter.

I am stepping down as editor of the newsletter effective January, 2011. My final issue will be December, 2010.

For two plus years I have had the true honor and pleasure of putting this thing together. It has been a gift and a blessing that I would not have been able to experience if it had not been for the person before me stepping down.

I am asking that anybody who might be interested in this service to get in contact with me. I am willing and wishing to work with whoever in taking the reigns.

The interested person should be somewhat familiar with, and own a computer. Have a year or two of sobriety. Be somewhat familiar with the Traditions. Possess or have a desire to possess patience and understanding. And be a firm believer in "Rule 62."

This truly is a rewarding, fun and educational endeavor you won't regret experiencing.

Sincerely,
Michael B.

Sosoeditor@gmail.com

P R A A S A 2 0 1 1

March 4 - 6, 2011
Honolulu, Hawaii

Aloha,

Hawaii Area 17 is pleased to host the Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) being held March 4-6, 2011 in Honolulu, HI.

PRAASA Registration available at <http://www.praasa.org> after August 2010.

Mahalo, Hawaii Area 17

First St. Group
"We Aren't A Glum Lot"

Watch for Fun and Sober
Activity fliers!!!

For spouses, families and friends of alcoholics:

Al-anon Meetings

Sunday

Vallejo, 5:00-6:00 PM
1st United Methodist Church
502 Virginia St. Vallejo
(enter from Sonoma)

Monday

BENICIA, 5:45-6:45 PM, **Benicia Hill Top**
Benicia Congregational Church
[1305 W. 2nd Street](#)
(uppermost "Preschool" building)
WSO# 0000716
District 6

Tuesday

VALLEJO, 7:00-8:00 PM, **Castlewood AFG**
Community Presbyterian Church
(upstairs)
[2800 Georgia Street](#)

Thursday

BENICIA, 8:00-9:00 PM, **Benicia Hill Top**
Benicia Congregational Church
[1305 W. 2nd Street](#)
WSO# 0000716
District 6
(uppermost "Preschool" building)
(there is also an AA meeting in lower bldg.)

District 6 Birthday-Speaker Meeting

Last Friday each month 7:00 p.m. - 8:15 p.m.
Kaiser Hospital (3rd floor Rooms C & D)
Vaca-Valley Parkway, Vacaville
(Leisure Town road exit off of Highway 80 Vacaville)
Contact: Jane at gardengirl62@hotmail.com

District 14 Speaker Meeting

(every 4th Saturday), 6:30 p.m. to 9:00 p.m.
Al-Anon, Alateen and AA Speakers
Refreshments, Birthday Chips & Literature Sales
Walnut Creek Kaiser
[1515 Newell Ave., Walnut Creek](#) (3rd Fl. Oak Rm. #1)
(Medical Office Bldg. parking @ Newell)
(from 680 exit S. Main St. or Olympic Blvd.)
Contact: Kristine (925)872-3440 or kap4calif@yahoo.com

For more information about Al-anon & Al-ateen:

www.ncwsa.org

Used CDs and Tapes

Central Office will gladly accept any A.A. related CDs or tapes you may have lying around to add to the Lending Library Collection. Central Office is also interested in anyone who has the no-how and capabilities to convert audio tape to CD.
If you can help with this project please call Claudia at the Central Office 707-745-8822

Step Twelve:

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principals in all our affairs.

Step One showed us an amazing paradox: We found that we were totally unable to be rid of the alcohol obsession until we first admitted that we were powerless over it. In **Step Two** we saw that since we could not restore ourselves to sanity, some Higher Power must necessarily do so if we were to survive. Consequently, in **Step Three** we turned our will and our lives over to the care of God as we understood Him. For the time being, we who were atheist or agnostic discovered that our own group, or A.A. as a whole, would suffice as a higher power. Beginning with **Step Four**, we commenced to search out the things in ourselves which had brought us to physical, moral, and spiritual bankruptcy. We made a searching and fearless moral inventory. Looking at **Step Five**, we decided that an inventory, taken alone, wouldn't be enough. We knew we would have to quit the deadly business of living alone with our conflicts, and in honesty confide these to God and another human being. At **Step Six**, many of us balked – for the practical reason that we did not wish to have all our defects of character removed, because we still loved some of them too much. Yet we knew we had to make a settlement with the fundamental principal of Step Six. So we decided that while we still had some flaws of character that we could not yet relinquish, we ought nevertheless to quit our stubborn, rebellious hanging on to them. We said to ourselves, "This I cannot do today, perhaps, but I can stop crying out 'no, never!'" Then, in **Step Seven**, we humbly asked God to remove our shortcomings such as He could or would under the conditions of the day we asked. In **Step Eight**, we continued our house-cleaning, for we saw that we were not only in conflict with ourselves, but also with people and situations in the world in which we lived. We had to begin to make our peace, and so we listed the people we had harmed and became willing to set things right. We followed this up in **Step Nine** by making direct amends to those concerned, except when to do so would injure them or other people. By this time, at **Step Ten**, we had begun to get a basis for daily living, and we keenly realized that we would need to continue taking personal inventory, and when we were in the wrong we ought to admit it promptly. In **Step Eleven** we saw that if a Higher Power had restored us to sanity and had enabled us to live with some peace of mind in a sorely troubled world, then such a Higher Power was worth knowing better, by as direct contact as possible. The persistent use of meditation and prayer, we found, did open the channel so that where there had been a trickle, there now was a river which led to sure power and safe guidance from God as we were increasingly better able to understand Him.

So, practicing these Steps, we had a spiritual awakening about which there was no question. Looking at those who were only beginning and still doubted themselves, the rest of us were able to see the change setting in. From great numbers of such experiences, we could predict that the doubter who still claimed that he hadn't got the "spiritual angle," and who still considered his well-loved A.A. group the higher power, would presently love God and call Him by name.

Now what about the rest of the Twelfth Step? The wonderful energy it releases and the eager action by which it carries our message to the next suffering alcoholic and which finally translates the Twelve Steps into action upon all our affairs is the payoff, the magnificent reality, of Alcoholics Anonymous.

Even the newest of newcomers finds undreamed rewards as he tries to help his brother alcoholic, the one who is even blinder than he. This is the kind of giving that actually demands nothing. He does not expect his brother sufferer to pay him, or even love him. And then he discovers that by the divine paradox of this kind of giving he has found his own reward, whether his brother has yet received anything or not. His own character may still be gravely defective, but he somehow knows that God has enabled him to make a mighty beginning, and he senses that he stands at the edge of new mysteries, joys, and experiences of which he had never even dreamed.

Practically every A.A. member declares that no satisfaction has been deeper and no joy greater than in a Twelfth Step job well done. To watch the eyes of men and women open with wonder as they move from darkness into light, to see their lives quickly fill with new purpose and meaning, to see whole families reassembled, to see the alcoholic outcast received back into his community in full citizenship, and above all to watch these people awaken to the presence of a loving God in their lives – these things are the substance of what we receive as we carry A.A.'s message to the next alcoholic.

pp. 107-110 Twelve Steps and Twelve Traditions

Dear Fellows,

I am so grateful to have been your Newsletter Editor this past two and one-half years. Thank you so much for your support and encouragement and enlightenment. I wish you all a Happy Holiday Season and a Wonderful Sober New Year!

Sincerely,
Michael B.

A.A. District 09 Decembre 2010 Southern Solano County

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Valley Alumni Success Ctr 1055 Azuar Dr. Mare Island 10:30-11:30 AM Every Sun	VJO Fellowship Early Birds 942 Tennessee St, Vallejo 7:00 AM 7 days/wk	Here & Now Big Book Study 1st Presb. Ch 1350 Amador Vallejo Noon-1:00 Every Tue	1 Central Office Business Meet- ing 7:30 PM 800 Sereno Dr. Vjo Kaiser CDRP Bldg. Rm. F	2 Attitude Adjust St. Paul's Episc. 1st & J St. Benicia 7:00 AM M-Sat, Sun at 6:30 AM	3 H&I Business Meeting 6:30 Sea Scouts Building 402 Riverside, Napa, CA	4 VJO Fellowship Speaker Night 6:45 942 Tennessee St, Vallejo
5 Young People's Meeting Heritage Pres Ch 1400 East D St Benicia 5-6:00 PM Every Sun	6 *Vjo Women's Group Holy Trinity Ch. 201 Doyle Dr. Vallejo 7-8:00 pm Every Mon	7 *Steps R Us 1 Step per week Discussion Comm. Presb. Church 2800 Georgia St Vjo 6pm Every Tue	8 DISTRICT 09 General Service Business Meet- ing 7:00 P.M. 502 Virginia St. Vallejo	9 Here & Now Big Book Study 1st Presb. Ch 1350 Amador Vallejo Noon-1:00 Every Thu	10 District 09 Monthly Birthday Speaker Meeting 8:00 P.M. Clock Tower (map)	11 Came to Believe Discussion Congregational Church 1302 W. 2nd St. Benicia Every Saturday 7:00 pm
12 Newcomers Meeting 1st Three Steps Discussion Heritage Pres Ch 1400 East D St Benicia 6:30-7:30 Every Sun	13 Get to the Point Discussion Congregational Church 1302 W. 2nd St. Benicia 7:30-8:30 PM Every Mon	14 Benicia Straits Spkr Discuss 1055 Southampton Benicia Enter Turner Dr. gate 7:30-9:00 Every Tuesday	15 Spring Hill Study Group "12 and 12"-Holy Trinity Church, 201 Doyle Drive, Vallejo 8:00 PM Every Wed.	16 VJO Fellowship Back to Basics 942 Tennessee St, Vallejo 5:30-7:00 PM Every Thur	17 Grapevine Speaks Discussion 800 Sereno Dr. Vjo Kaiser CDRP 7:30-8:30 PM Every Friday	18 Serenity on Sat- urday - Speaker/ Discussion, 1st Church of Naza- rene, 929 Amador St., Vallejo 10:00 am Every Sat.
19 <i>Deadline for next months Newsletter Sub- missions Email to sosoeditor @gmail.com</i>	20 Crockett Group Discussion St. Marks Ch. Pomona St. Crockett 8-9:00 PM Every Mon	21 VJO Fellowship As Bill Sees It 942 Tennessee St, Vallejo 8-9:00 PM Every Tue	22 Vjo Fellowship Latino Familia Espand 942 Tennessee St, Vallejo 7-9:00 PM Every Wed	23	24 Benicia First Street Group - Heritage Presby- terian Church, 1400 East 2nd St., Benicia 6:30 pm Every Fri.	25 VJO Fellowship Birthday Night 7:30 942 Tennessee St, Vallejo
26 Benicia Sunday Night Discussion St. Paul's Episc. 1st & J St. Benicia 8-9:15 PM Every Sun	27 AA Latino Familia Espand 3276 Sonoma Blvd #B Vjo 7-9:00 PM Every Mon	28 VJO Fellowship As Bill Sees It 942 Tennessee St, Vallejo 8-9:00 PM Every Tue	29 The Flimsy Reed 2525 Flosden Dr. Am Cyn Flosden MHP Clubhouse 5:30-6:30 Every Wed.	30 Benicia Hilltop Congregational Church 1302 West 2nd St. 8-9:00 PM Every Thur	31 *denotes "closed" meet- ings. Only those with a desire to stop drinking are... how do you say... Welcome to closed meetings.	This isn't the complete list of meetings in Dis- trict 09 Southern Solano. For the full list grab a schedule at one of these.

In Memory of...

Let us take a few minutes to remember our fellow alcoholics who are no longer with us in body but who's spirits live in our hearts. That their deeds and dedication to the program of Alcoholics Anonymous inspire us to carry the message to the alcoholic that still suffers and to practice these principles in all our affairs.



Vallejo Fellowship Holiday Alcothon

Christmas Eve:
5:30 pm until 12:00 midnight

Christmas Day:
7:00 am until 12:00 midnight

New Years Eve:
5:30 pm until 12:00 midnight

News Year Day:
7:00 am until 12:00 midnight

The Vallejo Fellowship is located at:
942 Tennessee St, Vallejo
557-6318

Southern Solano Central Office Monthly Birthday Speaker Meeting

Speaker: Layne C from Napa

Friday December 10, 2010
8:00 pm
Benicia Clock Tower

Hosted by:
First St. Group

Dinner with Scotty & Friends at 6:30pm
Bon Apetito
191 Military East
Benicia, CA

Everyone is welcome to join the Speaker for
a no host dinner

For more info contact
Scott B: 707-299-8464
bsbassham1@aol.com

Mark Your Calendars

DISTRICT 09 CENTRAL OFFICE BUSINESS MEETING

1st Wednesday of each month
at 7:30
Kaiser CDRP Bldg. Rm F
800 Sereno Dr., Vallejo
(707) 643-8217

H & I Business Meeting

1st Friday of each month at 6:30 p.m.

New Location!

68 Coombs St, (between 4th & 5th)
Bldg D, Room 4
Napa, CA 94559
NEW! H&I Website

www.handinorcal.org

DISTRICT 09 GENERAL SERVICE BUSINESS MEETING

2nd Wednesday of every month at 7:00 p.m.

1st United Methodist Church
502 Virginia Street, Vallejo, CA

Monthly Birthday Speaker Meeting

2nd Friday of each month

8:00 pm
Benicia Clock Tower

Please send announcements and articles to: Mike B., sosoeditor@gmail.com

Must include your name and phone number or email address.

Information should be in form of **MS Word doc**, **PDF files** are sometimes difficult to handle.

PLEASE! No Fliers or at least contact the Editor prior to submitting.

Deadline for submitting items is the 19th of each month!!!