



# AA District 09 Solano South CENTRAL OFFICE NEWSLETTER



WWW.AASOLANOSOUTH.ORG

**Special points of interest:**

- Monthly Birthday Speaker Meeting **Friday January 9** @ The Clock Tower, Benicia. 8:00pm
- Vallejo Fellowship News
- December Central Office Minutes
- Oldtimer's Prayer
- Treasurer's Report
- Event Calendar

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## Happy New Year!

One Day at a Time in 2009

### Monthly Birthday Speaker Meeting

**The District 09 Monthly Birthday Speaker Meeting will be held 8:00 P.M., Friday, January 9 at the Clock Tower in Benicia.**

The guest speaker is Gail M. of Benicia. Commemorative chips will be given to those AA's celebrating periods of sobriety. Deserts, coffee, and tea will be served. Water and soft drinks will be available for a buck. There will also be raffle prizes to win. Books and literature will be available for purchase. There will be a pre-meeting dinner

with the speaker at 6:00 P.M. at The Front Room restaurant in Vallejo near the ferry terminal. Reservations are required a few days prior to the dinner.

Please contact Eilene S. at 707-373-5618 for reservations.

Thanks to the old committee who served the Southern Solano Monthly Birthday Speaker Meeting. Connie, David, Jimmy, Heidi, George, Janine, Charlie, Denise, Peter and Chuck

### News from Central Office

The monthly business meetings will be held on the first Wednesday of the month at 7:00 P.M. Contact your groups Central Office Representative for future meeting locations.

Anyone that is interested in being a part of the decision process as to where, what, and how much is en-

couraged to attend the Central Office Business meetings coming up.

Central Office will only be making recommendations for location and costs and the final say will come from all group consciences. It is especially important that each group in District 09 have a representative at these meetings.

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**Admitted we were powerless over alcohol...  
that our lives had become unmanageable.**

## News from Vallejo Fellowship

**New Meeting:** Every Wednesday-Open Discussion @ 9:00am, at Vallejo Fellowship

**New Men's Meeting:** Friday Night @ 9:30pm (candlelight), at Vallejo Fellowship

**"Back to Basics"** every Thursday night from 7:00 to 8:30PM at the VJO Fellowship. Great meeting if you need or wish to work the steps. We'll see you there!

**The 1<sup>st</sup> Saturday is Speaker Night...** starts at 6:45pm and runs 45 min to an hour max. This gives everyone a chance to get to other Saturday night meetings in plenty of time. Great out of town speakers too! September speaker from Concord was great and meeting was very well attended!

**The 2nd Saturday of every month is Karaoke Night** 7:00—10:00 P.M. at the Fellowship for a special activity. Games, Karaoke and/or Jam Session. Bring your instrument, voice, or favorite game. 7:00-10:00 P.M.

November 8, December 13, and January 10

**The 3<sup>rd</sup> Saturday is Jam Session**, which also includes open mike for poets. 7:00-10:00 P.M. November 15, December 20, and January 17.

**Last Saturday** night of the month is Birthday Night! Come join us in the celebration, get your chip and enjoy the cake! 7:30 P.M.

**The Vallejo Fellowship Business Meetings: 2nd Tuesday every month at 6:45pm...** everyone welcome to attend.

Vallejo Fellowship Telephone number is 557-6318

New CO Rep for VJOF is Ricki Lee and Janine L. is the GSR.

## Tradition One Checklist

### Tradition One

Our common welfare should come first; personal recovery depends upon A.A. unity.

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious precludes such as "just for the sake of discussion," plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

### We Have the Technology

If you would like to receive this Newsletter electronically please send an email request to  
mb@preservationpainting.com

**Only Step One, where we made the 100% admission we were powerless over alcohol, can be practiced with absolute perfection.**

Twelve Steps and Twelve Traditions, p. 68

**DISTRICT 09-SOLANO SOUTH**  
[www.aasolanosouth.org](http://www.aasolanosouth.org)  
**MINUTES OF THE CENTRAL OFFICE BUSINESS MEETING**  
**December 3, 2008**

Chaired by Mike G      November 5<sup>th</sup>, November 15<sup>th</sup>, 2008 minutes and Agenda approved.

Statement of Purpose: read by Henry T

Visitors: Erin representing Benicia Hilltop, Cathi representing Women's Monday Night meeting

Birthdays: Porter (30 years), Terri V (14 yrs tomorrow)

Treasurer – Don B

Expenses down, Group contributions down, Prudent reserve back up to \$3k. OK to buy literature, need to purchase a Petty cash box, will need to contact Insurance company of new location when location is permanent. The Friday night candlelight meeting has closed. Treasurer's report accepted.

Literature – John W. –

John will place new literature order including books & pamphlets. (\$200 to \$300 order)  
 John will temporarily store new literature at his business in Benicia. He will take some literature to the monthly birthday speaker meeting to sell. Literature can also be purchased by calling John @ (707) 529-5372.

Newsletter – Mike B

Needs information for newsletter. Please ask groups to send earlier in the month.

Birthday Speaker Meeting – Bill & Susan

The monthly birthday speaker meeting has literature from Central Office on hand. Susan has paid in 1 year in advance the rent for the birthday speaker meeting at the Clock Tower/Senior Center. The excess money has recently been sent to the old address of the Central Office. Susan & Bill will keep their positions until June 2009.

H&I Liaison –. Position is open

General Service- Chris

Some service commitments are finishing up in December. There are a lot of service positions still open.

Meeting Schedule Coordinator – Russ

John W needs schedules for the Holiday Party at the Clock Tower.

Website – Mary – Not present

The website appears not to be updated. Mike G will call Robert to see if he is interested in taking the position.

Supplies/Handyman – Chuck: not present

No Office-no supplies needed.

Public Information – Josh – not present

Josh is busy with work at this time, He will pursue PI after the holidays, mid January 2009

Central Office Scheduling Coordinator – Position is open

Karin & Linda offered to fill this position. Karin is unable to keep the commitment, and will contact Linda.

**OLD BUSINESS**

Central Office location

**Continued on page 3**

**GROUP REPORTS**

\*This list of meetings is for the benefit of all groups. It is requested that the Central Office Representative for each group either attend monthly meetings or call and let Central Office know how your meetings are going. Please feel free to let Central Office know if this list is incomplete or in need of revision.

City	Time	Day	Location	Group Rep.	Remarks
BEN	7:00 AM	M-Sat	<b>Attitude Adjustment - St. Paul's Episcopal Church</b>	Porter	Mtg is fine-7 days per wk 6:30 on Sunday
BEN	6:30 PM	T,Th,F&Sun	<b>Benicia First Street Group/Heritage Presbyterian Church</b>	John	All groups are doing fine
BEN	8:00 PM	Th	<b>Benicia Hilltop</b>	Erin	Mtg doing well – rent has doubled
BEN	7:30 PM	T	<b>Benicia Straits/East "N" St.,</b>	Joy	Mtg is doing fine
BEN	8:00 PM	Sun	<b>Benicia Sunday Night</b>	Steve	Mtg is doing well
BEN	7:00 PM	Sat	<b>Came to Believe</b>	Open	
Crockett	8:00 PM	Mon	<b>Crockett Group</b>	David	Group well attended
VJO	8:00 PM	Fri	Friday Night Candlelight/Colusa		<b>MEETING CLOSED</b>
BEN	7:00 PM	Mon	<b>Get to the Point - Congregational Church</b>	Gary	
VJO	12:00 PM	Tue	<b>Here and Now Big Book Study (Located on Amador now)</b>	Elliott	10-12 people in attendance
VJO	12:00 PM	Thu	<b>Here and Now Big Book Study (located on Amador now)</b>	Elliott	
BEN	7:30 PM	Wed	<b>Men's 12 by 12 Study/West 2nd St., Benicia</b>	LeeBo	Mtg doing well
MI	7:30 PM	Tue	<b>MI Group/Mare Island</b>	Chris	Fall off in attendance Picking up now
VJO	8:00 PM	Sat	<b>Saturday Night Discussion/Doyle Dr.</b>	Chuck	Mtg going very well
VJO	10:00 AM	Sat	<b>Serenity on Saturday</b>	Karin	Mtg going really well Has excellent speakers
VJO	8:00 PM	Wed	<b>Spring Hill Study Group</b>	Open	
Crockett	8:00 PM	Thu	<b>Starr Street Big Book Study</b>	Porter	Don't forget-Don pays 1 <sup>st</sup> Bridge toll to meeting
VJO	6:00 PM	Tue	<b>Steps R Us/Georgia St</b>	Anne	Going very good-need support & positions filled
Am-CYN	5:30 PM	Wed	<b>The Flimsy Reed/American Canyon</b>	Jeff	Well attended Positions open
VJO	7:30 PM	Fri	<b>The Grapevine Speaks</b>	Peter	Very good- varied attend 8-20 people
VJO	5:30 PM	M-Sun	<b>Vallejo Fellowship/Tennessee</b>	Janine	Meetings crowded Standing room only
VJO	7:00 PM	Mon	<b>Vallejo Women's Group/Doyle Drive</b>	Cathi	Mtg fine – full
MI	10:30-noon	Sun	<b>Valley Alumni</b>	Open	Very well attended
Ben	9:30-10:30 AM	Sun	<b>Go To Any Lengths</b>	Russ	Enjoyable meeting

**NEW BUSINESS:**

1. Meeting place for January 2009 Central Office will be at Terri V's house again. 7:00 pm 1<sup>st</sup> Wednesday of January  
Larger facility to house monthly Central Office needs to be found. Karin will call Pappa's Restaurant in Benicia & inquire about meeting room. Janine will check with Mare Island.
  3. Bi-monthly meetings tabled until later date.
  4. Central Office Insurance – Don B to contact Insurance Co
  5. Need Central Office Coordinator – All reps to announce at meetings
- January 2009 Central Office Meeting to be streamlined regarding location & purpose. No group Reports. Updates & reports are to be sent in.

Meeting adjourned.  
Yours in service,  
Terri V.

**OLD-TIMER'S PRAYER**

Lord, keep me from the habit of thinking I must say something on every subject and on every occasion.

Release, me from the craving to straighten out everybody's affairs.

Keep my mind free from the recital of endless details---give me wings to get to the point.

I ask for the grace to listen to the tales of others pains. Help me to endure them in patience. But seal my lips on my own aches and pains---they are increasing and my love of rehearsing them is becoming sweeter as the years go by.

Teach me the glorious lesson that occasionally it is possible that I may be mistaken.

Keep me reasonably sweet. I do not want to be a saint--some of them are so hard to live with---but a sour old person is one of the crowning works of the devil.

Give me the ability to see good things in unexpected places and talents in unexpected people. And give me, O Lord, the grace to tell them so.

Make me thoughtful, but not moody; helpful, but not bossy. With my vast store of wisdom, it seems a pity not to use it all---but Thou knowest,

Lord, that I want a few friends in the end.

~~ Anonymous  
Submitted by Anne F.

District 09

## January Anniversaries

### Happy Anniversary to First St.Group - 23 years !

Jan 29th, 1986 - Originally met on First St. ( Majestic Theatre) Early members; Dave & Cindy MI Sandy and Bob W., Bill W., Gene, Jim G., Rachel S. Jim N.

### Happy Anniversary to Serenity on Saturday - 16 years !

January, 1993 -Original meeting place on Tuolumne St., Vallejo

### Central Office Birthday Speaker Meeting 18 years !

Started at Benicia High School, Friday Jan 11, 1991 First Host Group Thursday Night Hilltop.

Submitted by Miss J.

### *In Memory of...*

Let us take a few minutes to remember our fellow alcoholics who are no longer with us in body but who's spirits live in our hearts. That their deeds and dedication to the program of Alcoholics Anonymous inspire us to carry the message to the alcoholic that still suffers and to practice these principles in all our affairs.

## General Service

There are still many **vacant positions** for General Service. Please consider getting involved and attend the next General Service meeting on **Wednesday, January 14**, at 7:00 P.M.

## Conferences & Workshops

**What:** Inter-district Workshop  
**When:** January 10<sup>th</sup>, 2009 11:30am to 3:00pm  
**Where:** Christen Church of Vacaville, 66 Vine St, Vacaville This will include a Fingerfood Potluck and will be fun as well as educational.

**What:** Pacific Region A.A. Service Assembly (PRAASA)  
**When:** March 6 – 8, 2009  
**Where:** Oakland, California  
[www.praasa.org](http://www.praasa.org)

**What:** Northern California Council of Alcoholics Anonymous (NCCAA) 62<sup>nd</sup> Annual Spring Conference  
**When:** March 13, 14 & 15, 2009  
**Where:** Crowne Plaza Hotel, 1221 Chess Drive, Foster City, CA 94404  
[WWW.NCC-AA.ORG](http://WWW.NCC-AA.ORG)

## Bridging the Gap

“AA’s Welcome Wagon”  
A 12th Step Opportunity  
**Volunteers Needed**

To ease the transition of recovering alcoholics being released from treatment facilities and other places of confinement into the AA Community. Involves taking newcomers to an AA meeting after their release and introducing them to members of the group.  
For more information please contact:  
Dave W., BTG Chair District 09 at 707-553-1815 or email: [c\\_lion@comcast.net](mailto:c_lion@comcast.net)

## Sober Activities from the First Street Group

The First Street Group has an Activity committee that organizes various sober activities that include hikes, bike rides, movie nights, game nights, karaoke and a variety of other fun stuff. Watch for fliers for more information. You may also get on the emailing list by sending a note to Kim at: [kimpossiblenow@gmail.com](mailto:kimpossiblenow@gmail.com)

## Archive Work Day!

**CNCA AA District 06 Archives Committee** is holding a work day on January 10 starting at 12:00 to 4:00 P.M.  
193 Mayhew Way, Walnut Creek  
(925) 939-5371 for more info.

**Help needed** to man table at PRAASA Archives display. Service Assembly is Friday March 6 thru Sunday, March 8th, 2009 Oakland Marriott. Sign up for any 2 hour shift. Please contact [pota-toflwr@yahoo.com](mailto:pota-toflwr@yahoo.com) or 707-746-6758 . General registration at [PRAASA.org](http://PRAASA.org)

## New Meeting Place for Tuesday Here & Now and Thursday Big Book/12x12 Study

**First Presbyterian Church**  
1350 Amador St. at Nebraska.

## People in Service at Central Office

- |                        |                 |
|------------------------|-----------------|
| Chair:                 | Mike G.         |
| Assistant Chair:       | Henry           |
| Recording Secretary:   | Terry V.        |
| Treasurer:             | Don B.          |
| Schedules:             | Russ F.         |
| Schedule Coordinator:  | Elliott         |
| Supplies:              | Chuck N.        |
| Public Information:    | Josh            |
| Website:               | Mary            |
| Birthday Speaker Mtg.: | Bill K. & Susan |
| Literature:            | John W.         |
| H&I:                   | Open            |
| Newsletter:            | Mike B.         |

## A.A. District 09 January 2009 Southern Solano County

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2 <b>H&amp;I Business Meeting 6:30</b>  Sea Scouts Building 402 Riverside, Napa, CA	3 <b>Vallejo Fellowship Speaker Night</b> 6:45 at Vallejo Fellowship
4	5	6	7 <b>Central Office Business Meeting 8:00 PM</b>	8	9 <b>District 09 Monthly Birth-day Speaker Meeting 8:00 P.M.</b> Clock Tower Benicia	10 <b>Inter-District Workshop (see flier)</b> <hr/> <b>Karaoke Vallejo Fellowship</b>
11	12	13	14 <b>DISTRICT 09 GEN'L SERVICE BUSINESS MEETING</b> 7:00 P.M. 502 Virginia St. Vallejo	15	16	17 <b>Vallejo Fellowship Jam Session &amp; Open Mic Poetry</b>  Vallejo Fellowship 942 Tennessee St. Vallejo
18	19	20	21	22	23 <b>Deadline for News &amp; Events</b> submission for February Newsletter	24 <b>Vallejo Fellowship Birthday Night</b>  Vallejo Fellowship 942 Tennessee St. Vallejo
25	26	27	28	29	30	1

God...

Grant us the Serenity to accept the things we can not change  
The Courage to change the things we can  
And the Wisdom to know the difference.

**WWW.AASOLANOSOUTH.ORG**

AA Central Office District 09

Phone: (707) 643-8217

## Mark Your Calendars

### **DISTRICT 09 CENTRAL OFFICE BUSINESS MEETING**

1st Wednesday of each month  
at 7:00

Check with your Central Office Representative for  
location of next meeting  
**(707) 643-8217**

### **H & I Business Meeting**

1<sup>st</sup> Friday of each month at 6:30 p.m.

NEW LOCATION:  
Sea Scouts Building  
402 Riverside, Napa, CA

### **DISTRICT 09 GENERAL SERVICE BUSINESS MEETING**

**2nd Wednesday** of every month at 7:00 p.m.

1<sup>st</sup> United Methodist Church  
502 Virginia Street, Vallejo, CA

### **Monthly Birthday Speaker Meeting** *2nd Friday of each month*

January 9th, Clock Tower, Benicia  
February, TBD

**Please send announcements and articles to: Mike B., [mb@preservationpainting.com](mailto:mb@preservationpainting.com)**  
***Must include your name and phone number or email address.***

Information should be in form of **MS Word doc**. PLEASE! No Fliers or at least contact the Editor prior to submitting.

***Deadline for submitting items for the December issue is January 23.***